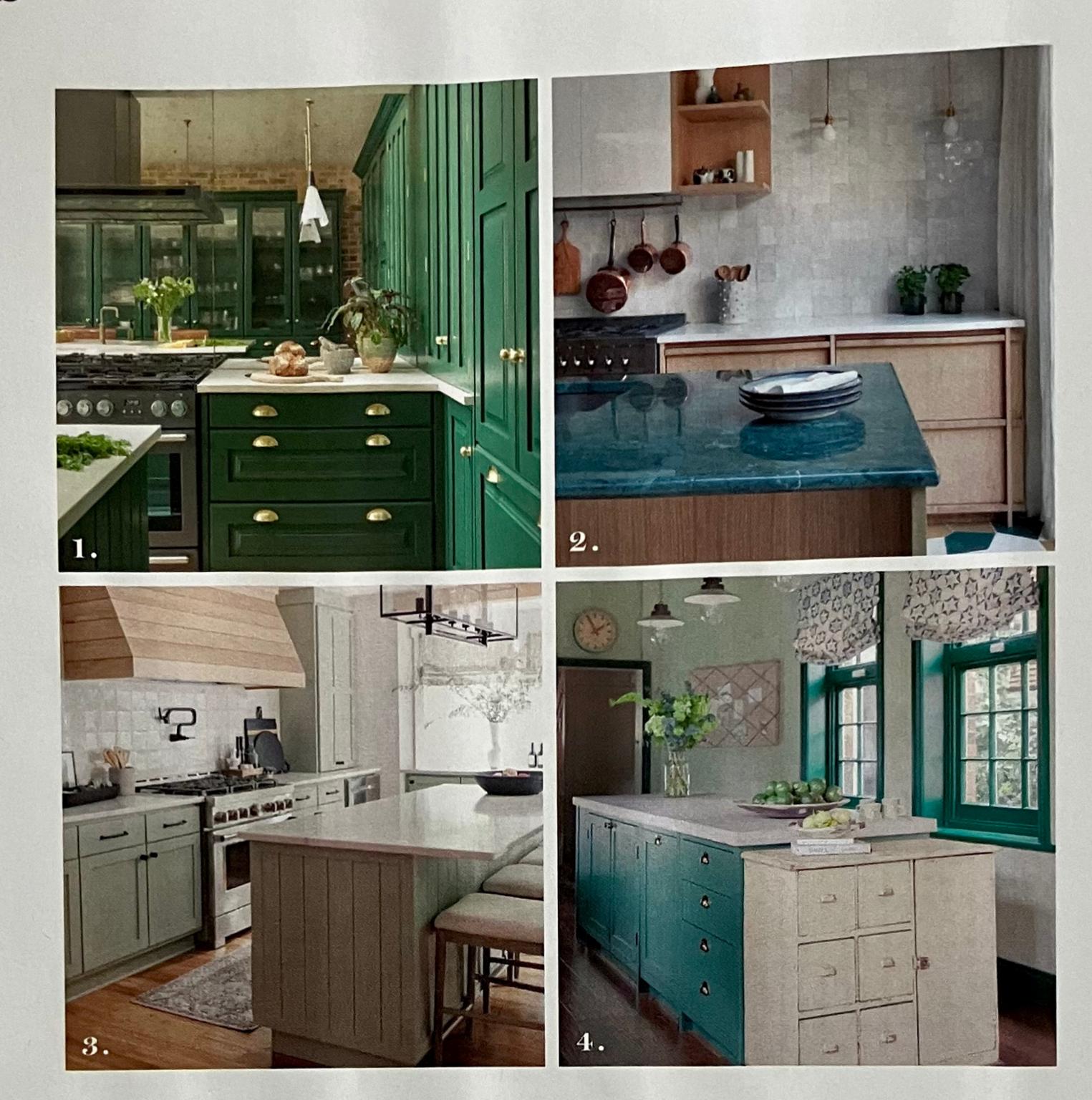


KITCHENS



1. ON REFLECTION

Use mirrored glass splashbacks to carry vibrant green through your kitchen. Here, antique mirrors span the full height. 'The glass has been chemically toughened and hand decorated to lend a patina,' says designer Francesca Fender. Artisan kitchen, from £35,000, John Lewis of Hungerford.

2. BALANCING ACT

Adjust your green ratios according to the energy levels required. 'Green can do anything from anchoring to animating a scheme,' explains interior designer Sarah Peake, 'but a balanced approach is nice, using strong greens sparingly.' Bespoke kitchen design, Studio Peake.

3. SOOTHING SHADE

Soft sage green is your go-to for an inviting atmosphere, according to designer Dawn Heuer. 'Incorporate black accents throughout,' she advises. 'It will ground your space and introduce a sense of sophistication.' Bespoke kitchen in Sherwin-Williams Clary Sage 6178, The Heuer Design Collective.

4. TONE ON TONE

A trio of greens, from dark to light, will blanket your kitchen in nature's calmest colour. 'It's a very relaxed look that feels as though it's always been there, transcending the idea of a trend,' says Felix Milns of Hux. Kitchen, from £50,000, Hux. Design in collaboration with Brooke Copp-Barton Interiors.